

# KERSTEN COPE, MPH, CHES

Arnold School of Public Health  
Department of Health Promotion, Education, and Behavior  
University of South Carolina  
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## EDUCATION

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- 2026                      Doctorate of Health Science  
                              College of Pharmacy and Health Sciences, Campbell University, Buies  
                              Creek, NC
- 2022                      Master of Public Health  
                              Department of Public Health, Brody School of Medicine, East Carolina  
                              University, Greenville, NC  
                              Professional Paper: *The Relationship Between Behavioral Lifestyle  
                              Factors and the Increased Cancer Burden in Ghana*
- 2019                      Bachelor of Science in Public Health  
                              Department of Health Education and Promotion, College of Health and  
                              Human Performance, East Carolina University, Greenville, NC
- 2017                      Study Abroad Experience  
                              Universidad de Granada, Granada, Spain

## PROFESSIONAL EXPERIENCE

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### University of South Carolina, Columbia, SC

2022 – Present

#### Instructor

Department of Health Promotion, Education, and Behavior, Arnold  
School of Public Health

*Responsibilities: Through this position I teach various classes to  
undergraduate public health students. A large portion of  
responsibilities fall within teaching instruction, creating relevant  
lecture content, grading, and meeting with students. Lesser  
responsibilities include serving on various committees housed within  
the Arnold School of Public Health.*

### East Carolina University, Greenville, NC

2022

#### Research Intern

Department of Public Health, Brody School of Medicine, East Carolina  
University, Greenville, NC

*Responsibilities: Through this position I was a part of a team of  
members from three different universities to utilize an NIH-funded  
grant to work on a randomized control trial to assess fruit and  
vegetable intake via the Veggie Meter device. A large portion of the  
responsibilities included collecting general participant information,  
anthropometric measurements, Veggie Meter and Konica Minolta  
information, and data entry.*

2020-2022

Graduate Teaching Assistant

Department of Health Education and Promotion, College of Health and Human Performance, East Carolina University, Greenville, NC

*Responsibilities: Through this position, I worked as a graduate teaching assistant teaching the HLTH 1000 course. HLTH 1000 is an introductory course that all students must take upon graduating. My responsibilities included class preparation, lecturing, grading as well as attending monthly professional development meetings.*

2020-2021

Graduate Research Assistant

Department of Health Education and Promotion, College of Health and Human Performance, East Carolina University, Greenville, NC

*Responsibilities: Through this position, I worked with a professor to conduct various tasks related to research including doing literature reviews, one-on-one interviews, data collection, data transcription, and data entry.*

Greenville, NC

2019

Program Coordinator

Association of Mexicans in North Carolina, AMEXCAN, Greenville, NC

*Responsibilities: As a program coordinator, I worked with a team of individuals to promote healthier outcomes to the Latino community of eastern North Carolina. My responsibilities included organizing events (i.e., International Women's Day, Supporting & Reinforcing fair for Hurricane Florence Survivors, Día del Nino of Wilson County), networking with community members, creation of the Latino Health Alliance, attending community meetings, and more.*

**TEACHING EXPERIENCE**

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<u>Date</u>	<u>Role</u>	<u>Course</u>	<u>Credit hours/# of Students enrolled</u>
<u>University of South Carolina, Columbia, SC</u>			
2024	Instructor	HPEB 300: Introduction to Health Promotion, Education, and Behavior	3 credit hours, 45 students
2024	Instructor	HPEB 470: Principles of Global Health	3 credit hours, 70 students
2024	Instructor	PUBH 498: Public Health Capstone Seminar	3 credit hours, 110 students
2024	Instructor	PUBH 302: Introduction to Public Health	3 credit hours, 15 students
2024	Instructor	PUBH 498: Public Health Capstone Seminar	3 credit hours, 24 students
2024	Instructor	PUBH 498: Public Health Capstone Seminar	3 credit hours, 112 students

2024	Instructor	HPEB 300: Introduction to Health Promotion, Education, and Behavior	3 credit hours, 45 students
2024	Instructor	HPEB 300: Introduction to Health Promotion, Education, and Behavior	3 credit hours, 45 students
2024	Instructor	HPEB 470: Principles of Global Health	3 credit hours, 100 students
2023	Instructor	PUBH 498: Public Health Capstone Seminar	3 credit hours, 82 students
2023	Instructor	HPEB 300: Introduction to Health Promotion, Education, and Behavior	3 credit hours, 45 students
2023	Instructor	HPEB 470: Principles of Global Health	3 credit hours, 70 students
2023	Instructor	PUBH 302: Introduction to Public Health	3 credit hours, 23 students
2023	Instructor	PUBH 498: Public Health Capstone Seminar	3 credit hours, 23 students
2023	Instructor	HPEB 300: Introduction to Health Promotion, Education, and Behavior	3 credit hours, 45 students
2023	Instructor	HPEB 470: Principles of Global Health	3 credit hours, 133 students
2023	Instructor	PUBH 498: Public Health Capstone Seminar	3 credit hours, 117 students
2022	Instructor	HPEB 300: Introduction to Health Promotion, Education, and Behavior	3 credit hours, 44 students
2022	Instructor	HPEB 470: Principles of Global Health	3 credit hours, 65 students

East Carolina University, Greenville, NC

2022	Graduate Teaching Assistant	HLTH 1000: Health in Modern Society	3 credit hours, 60 students
2021	Graduate Teaching Assistant	HLTH 1000: Health in Modern Society	3 credit hours, 240 students
2020	Graduate Teaching	HLTH 1000: Health in Modern	3 credit hours,

Assistant

Society

60 students

- Responsible for preparation and development of course content for facilitation of in-person and online lectures, developing assignments, managing students' grading, and holding office hours.

## **COMMITTEE MEMBERSHIP**

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### University of South Carolina, Columbia, SC

2024

Member

Undergraduate PUBH Award Committee  
Arnold School of Public Health, University of South Carolina,  
Columbia, SC

*Responsibilities: Working with a team of staff and faculty to determine an outstanding BS and BA in public health undergraduate student for award recognition.*

2023

Member

Instructor Search Committee  
Arnold School of Public Health, University of South Carolina

*Responsibilities: Working alongside other faculty members to review applications and engage in top candidates teaching presentations.*

2023

Member

Undergraduate CEPH Sub-Committee  
Arnold School of Public Health, University of South Carolina,  
Columbia, SC

*Responsibilities: Working with a team of faculty members in the school of public health to ensure recertification of accreditation for the upcoming visit.*

2023

Member

Undergraduate PUBH Award Committee  
Arnold School of Public Health, University of South Carolina,  
Columbia, SC

*Responsibilities: Working with a team of staff and faculty to determine an outstanding BS and BA in public health undergraduate student for award recognition.*

2022

Member

Undergraduate HPEB Committee  
Department of Health Promotion, Education, and Behavior, Arnold  
School of Public Health, University of South Carolina, Columbia, SC

*Responsibilities: Working with a team of staff and faculty members to ensure success of HPEB undergraduate courses.*

## **PROFESSIONAL MEMBERSHIPS**

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2024

Member

American College Health Association

2023 Member  
American Public Health Association

## EXTRACURRICULAR EXPERIENCE

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2018-2019 Member  
Global Ambassadors, East Carolina University, Greenville, NC  
*Responsibilities: I worked with other students who had been abroad at some point in their academic career. Through my role as an ambassador, I shared my experiences being abroad and how that shaped me, discussed financial processes, cultural differences and more. Much of my responsibility fell within classroom presentations to educate on study abroad experiences and the impact it can have on an individual.*

2014-2019 Member  
Gamma Sigma Sigma, National Service Sorority, East Carolina University, Greenville, NC  
*Responsibilities: As a member, I volunteered a at least 25 hours each semester with other active members completing both local and organizational level volunteering to raise money and spread awareness of organizations such as Alex's Lemonade Stand, American Red Cross, American Cancer Society, March of Dimes, and Mothers Against Drunk Driving.*

2017 Volunteer  
Global Brigades, East Carolina University, Greenville, NC  
*Responsibilities: I volunteered on a week-long student-led trip to rural Honduras to provide medical and dental care with collaboration of providers in the country. Through this brigade we provided care to roughly 600 individuals in a three-day period through consultation, triage, gynecology, pharmacology, optometry, health education and more. The basics of eco-stoves construction were completed as well to help with proper ventilation of smoke to reduce risk of respiratory issues among families.*

## AWARDS

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2024 Two Thumbs Up Recognition  
University of South Carolina, Student Disability Resource Center  
Columbia, SC

2023 Career Influencer Certificate  
University of South Carolina, University Career Center, Columbia, SC

2022 Debra Tavasso Most Outstanding Graduate Teaching Assistant  
Department of Health Education and Promotion, College of Health and Human Performance, East Carolina University, Greenville, NC

## **CERTIFICATIONS**

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2021

Certified Health Education Specialist, CHES  
National Commission for Health Education Credentialing  
#35300

## **PUBLICATIONS**

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Cofie, L. E., Barrington, C., **Cope, K.**, LePrevost, C. E., & Singh, K. (2023). Increasing health facility childbirth in Ghana: the role of network and community norms. *BMC pregnancy and childbirth*, 23(1), 265. <https://doi.org/10.1186/s12884-023-05513-9>