

Barbara J. Cuevas
113 Bent Oak Trail, Blythewood, SC 29016
(803) 606-3441
cuevas@mailbox.sc.edu

Education

- Master of Public Health-Physical Activity and Public Health , University of South Carolina
- Bachelor of Science (*Magna Cum Laude*), Exercise Science, University of South Carolina

Experience

Exercise Science Undergraduate Program Director- University of South Carolina (Dec 2014-present)

- Oversees undergraduate curriculum
- Connect the EXSC department to all other departments on Campus
- Troubleshoot and Manage Student concerns—
 - Counsel student who are not meeting retention and progression standards
 - Mediate student petitions
 - Solve problems on a daily basis
 - Help other advisors with their student issues
- Meet with the prospective students from the Visitor's Center
- Coordinate with Admin to make sure we have the correct restrictions on all EXSC courses
- Work with Admin to ensure we have enough room in our EXSC courses
- Make sure all prerequisites are met on all our EXSC courses
- Coordinate monthly meetings with the members of the Undergraduate Division
- Present any Undergraduate issues to the faculty
- Serve on various University Committees
 - Scholastic Standards and Petition Committee
 - Carolina Judicial Council
 - SARS Committee
- Manage EXSC Undergraduate Listserv—
 - Maintain current students on listserv
 - Send out important messages concerning registration, deadlines, graduation etc
- Maintain current figures/reports on EXSC undergraduate students
- Lead weekly advisement meetings with other EXSC advisors
- Supervise EXSC Graduate Assistants (GAs) and Undergraduate work study students
 - Lead weekly meetings with GAs and work study students
- Approve graduation applications

- Work closely with the ASPH Assistant Dean, Undergraduate Student Services on tasks listed above
- Serve as Faculty Advisor of ONE Carolina
- Advise 300 students each academic semester
- Teach University 101-First year experience
- Teach University 401-Capstone Experience

Exercise Science Community Outreach Program Director-University of South Carolina (May 2011-Dec 2014)

- Director of Motor Development Track
 - Program Director for PMD Lab, JUMP, Still Movin', GoodBodies, Get Movin'
 - Instructor for EXSC 342a, 342b, and 482
 - Oversee all their projects on syllabus
 - Coordinate, attend, and oversee community outreach projects
 - Promote and market department programs
 - Create lasting partnerships with community for department programs
 - Review applications and interview students applying to upper division
 - Oversee work on Trademarking our programs and logos
 - Assist with Grant applications
- Director of Community Outreach
 - Arrange all meetings/presentations for upcoming practicum students
 - Place all students in the Columbia area who are interested in physical therapy, occupational therapy or cardiac rehab into locations
 - Verify health and safety requirements on all practicum students
 - Verify resume is professional and complete
 - Verify all practicum sites for practicum students
 - Take care of students needing background checks, drug screens and additional immunizations
 - Visit locations and foster relationships with community partners
 - Work with legal on practicum site contracts
 - Communicate with all practicum locations to meet their student needs and issues
 - Conduct mid-term evaluations on the sites from the students
- Advise undergraduate students in the three academic emphases in exercise science.
- Facilitate curriculum development in the Exercise Science department's academic programs
- Aid in maintaining current web pages
- Review applicants for admission to the department

Exercise Science Instructor-University of South Carolina (July 2009-May 2011)

- Oversee aspects of motor development
 - Program Coordinator for the GoodBodies and Get Movin' programs
 - Supervise Community Programs: Still Movin', GoodBodies, and Get Movin' programs
 - Supervise EXSC 342a, 342b, and 482
 - Coordinate, attend, and oversee all community outreach projects throughout the semester
 - Promote and market community programs
 - Create partnerships for programs
 - Review applications and interview students applying to upper division
 - Help with Grant applications
- Advise undergraduates in the Department of Exercise Science
- Meet with prospective students and attend Open Houses promoting the Exercise Science Program
- Instructor for EXSC 351-Acquisition of Motors Skills class (all semesters)
 - Mentor Masters level student working with the course

Academic Program Manager-University of South Carolina (July 2007-July 2009)

- Program coordinator for the GoodBodies program
- Supervise Exercise Science undergraduates in the GoodBodies program, GoodBodies in the Community Program, Get Movin', Personal Training, Manual development and data collecting
- Created a partnership with local businesses -- "The Lean Team of the Midlands" a local community group promoting physical activity for Midlands families
- Created a partnership with Palmetto Health Community Services and implemented "Palmetto's Healthy Challenge"
- Created a partnership with the South Carolina Institute for Childhood Obesity and Related Disorders
- Undergraduate advisor for the Department of Exercise Science
- Meet with prospective students and attend Open Houses promoting the Exercise Science Program
- Instructor for EXSC 351-Acquisition of Motors Skills class (Spring and Summer II)
- Faculty Associate of the Carolina Judicial Council

Exercise Specialist-Palmetto Health Baptist Weight Management Center (Aug 2004-Dec 2007)

- Worked with a multi-disciplinary team to create and implement a 6-month weight management program for patients
- Created a partnership with the University of South Carolina to develop a weight management program (*Get Movin'*) that began in June 2006
- Coordinated all sessions of the 6-month weight management program
- Conducted, trained, supervised, and evaluated the physical activity program (*On the Move*)
- Member of the education committee and site manager for the *Greater Columbia Shrinkdown*
- Gave bi-monthly talks on the benefits of physical activity at Gastric Bypass Seminars

- Attended Health Fairs and Lunch and Learns-promoting physical activity
- Initiated the development and implementation of the 1st annual “Family and Kids on the Go”- Kids Day 2005
- Scheduled patients appointments
- Counseled patients on physical activity and give recommendations
- Conducted research on the effectiveness of gastric bypass surgery on co-morbid conditions

Physical Activity Consultant - Palmetto Health Baptist Weight Management Center (March 2003 – Aug 2004)

- Led a physical activity program (*On the Move*) for gastric bypass patients
- Conducted pre- and post-activity program assessments
- Counseled patients on physical activity and administered questionnaires on quality of life, barriers to exercise and actual physical ability
- Collected gastric bypass research data on patients

Functional Abilities Counseling and Testing for Seniors (FACTS) - Forest Pines Retirement Center (Feb 2004– Aug 2004)

- Assessed a broad range of functional abilities and provided information and recommendations concerning the current functional health and prevention of functional decline in the elderly
- Gave one-on-one physical activity classes to help improve balance and increase strength
- Compiled a booklet of exercises for all clients

Goodbodies Program-USC (Jan 2004 – Aug 2004)

- Created lesson plans and taught one-on-one physical activity sessions for overweight children
- Conducted pre- and post-physical activity and nutritional assessments
- Presented nutrition education for the children and their families

Stay in Balance-USC (Jan 2003-May 2003)

- Provided cues, feedback and assistance to senior citizens in a fall prevention program
- Created creative lesson plans for the program

Perceptual Motor Development Lab-USC (Aug 2002 – Dec 2003)

- Observed, evaluated, planned, and carried out enrichment/therapeutic programs for individuals with special motor development needs

Awards

- Excellence in Teaching Award-Mortar Board Honor Society 2013-2014